



# DEPTFORD HIGH SCHOOL FOOTBALL

## Athlete / Parent Registration Check List

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**Health History Update (Gold Form)** – *completed for every sport regardless of physical status.*

- Must be submitted by the end of May for summer practice and August 1 for fall practice. All football players **must** meet with the head football coach prior to submission, so the date of the completed Health History Update Questionnaire can be updated in the football physical database.

**Date Submitted:** \_\_\_\_\_

**Online Athletic Registration** – *completed once a school year.*

- Since Football is the first sport of the new school year and has summer practices, the athlete and parents must complete this registration **together** for the next school year. Online registration opens July 1 for the coming school year. Go to- <https://deptford-ar.schooltoday.com>
- If registration was completed the previous school year, you can log in and update your athlete's information for the coming school year.

**Date Completed:** \_\_\_\_\_

**Physicals** – *All Physicals are good for 365 days.*

- An athlete with a good physical only has to submit the **Health History Update Questionnaire** to participate in each sport throughout the school year.
- First two-pages of the Physical – **History Form and Supplement History Form** (Athlete with Special Needs) must be completed and signed by parents. Bring these completed forms with you to the Physical Exam with the doctor.
- If the athlete's physical expires over the summer months (June-August), the new physical must be submitted by August 1. A completed **Health History Update Questionnaire (Gold Form)** will be accepted for the athlete to participate in summer practices as long as its submitted by the May deadline.
- All completed physicals should be turned into the high school nurse or the main office (summer). All football players **must** meet with the head football coach prior to submission, so the date of the completed physical can be updated in the football physical database.

**Sudden Cardiac Sign-off Sheet**- *completed by the parents once a year.*

- Contained in the physical form packet and completed with the physical.
- The completed sign-off sheet should be turned in with the Physical Forms.

**Date Completed:** \_\_\_\_\_

**Date Submitted:** \_\_\_\_\_

Any questions or concerns can be address through the Athletic Director – **Maureen Bilda** -(856) 232-2713 x2595/ [bilda.m@deptford.k12.nj.us](mailto:bilda.m@deptford.k12.nj.us) or the Head Football Coach - **Steven Scuderi** – (856) 502-4332 /[smscuderi@yahoo.com](mailto:smscuderi@yahoo.com).